

GASTROSCOPIA GASTROSCOPY

CORRECTLY PREPARING FOR A GASTROSCOPY:

FOR AN ACCURATE EXAM, A PROPER INTESTINAL CLEANING PROCEDURE MUST BE PERFORMED. PLEASE BE SURE THAT THE INSTRUCTIONS BELOW ARE CAREFULLY FOLLOWED.

IF THE TEST IS PERFORMED IN THE MORNING: You must come to the test without having eaten 8-10 hours before. You may drink water or tea up to three hours before the test.

IF THE TEST IS PERFORMED IN THE AFTERNOON (AFTER 2:00 PM): You may have a light breakfast, with tea, orzo (barley coffee), chamomile, fruit juice (no milk or coffee) with some cookies or rusk toast (melba toast), within 8 hours before the test.

WHAT YOU NEED TO KNOW FOR SAFELY UNDERGOING THE TEST:

- Always notify the Endoscopy Technician if you are under an antiaggregant and anticoagulation treatment.
- if a biopsy might be performed, or if polyps must be removed, or any other operative maneuvers must be carried out, and you are under an ANTIAGGREGANT TREATMENT, you will have to ask to your family doctor if you must suspend this treatment at least 7 days before the test.
- If you are under a ANTICOAGULANT TREATMENT, you will have to contact your doctor or the Coagulation Center for instructions on how to eventually suspend the treatment. An INR must then be performed the day before the test.
- The day of the test, do not take any antacids or sucralfate (ex. MAALOX), yet, do not suspend any other medication.
- Notify the Endoscopy Technician of any ALLERGIES and/or any CARDIO-RESPIRATORY PATHOLOGIES, OR PATHOLOGIES OF ANY OTHER NATURE.
- Women must notify the Endoscopy Technician of any presumed or current PREGNANCY.
- If you have any serious CARDIAC VALVULAR PATHOLOGY or DILATED HEART PATHOLOGY, or wearing PROSTHETIC MECHANICAL VALVES, it is important that you speak with your doctor about an antibiotic treatment.

WHAT SHOULD YOU BRING WITH YOU?

- For patients who have not yet suspended treatments, bring the INR result from the day before.
- Bring results of any previous tests: blood test, esophagogastroduodenoscopies, x-rays, visit with a specialist, or hospital discharge letters, particularly correlated to a colonoscopy.
- Bring packages and/or list of medications you usually take.
- Bring receipt for ticket payment (if applicable).

If you are being SEDATED, during the 12 hours following the test, do not drive vehicles and do not perform activities that require quick reflexes. You must, therefore be ACCOMPANIED TO AND BROUGHT HOME FROM THE TEST.

Before the test, you will receive information from the Endoscopy Technician, and you will be asked to sign a CONSENT FORM FOR UNDERGOING THE TEST.