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# HOW TO COLLECT A STOOL SAMPLE FOR OCCULT BLOOD TESTING



**1** You have been given a kit consisting of a vial and a plastic bag.



**2** First, collect a stool sample in a clean, dry container (e.g. plastic, paper or aluminium) or place toilet paper in the toilet or bidet to retain the stool.



**3** Then open the vial, taking care not to spill the liquid inside: it is a preservative.



**4** Then insert the stick into 3-4 different points of the stool.



**5** A small amount of stool should remain attached to the stick.

**6** You can now put the stick back into the vial and close it carefully.



**7** The vial should then be placed in the bag provided and stored in the refrigerator until you hand it in, which must be within three days.

- It is not necessary to follow any special diet before collecting stool samples.
- Stool samples should not be taken during menstruation.
- The sample must be handed in at the times and locations indicated in the invitation letter, within a maximum of 3 days from collection.
- Use the test tube preferably within 3 months of delivery.