

What is the electrocardiogram?

The electrocardiogram is an outpatient diagnostic test that allows you to record and graphically view the electrical activity of the heart. By monitoring the blood pumping activity that the heart performs through contractions and releases, it is possible to identify the presence of a heart disease or a rhythm disorder (arrhythmia).

This test can be performed at rest, while the patient is supine on the table, or under stress, while the patient is walking on a treadmill or pedaling on an exercise bike.

What is the electrocardiogram used for?

The resting electrocardiogram allows you to measure the rhythm of the heart and any increase in the size of the heart chambers, it can be useful for identifying any arrhythmias. The electrocardiogram under stress, on the other hand, can be of help in diagnosing latent heart diseases.

Are there any preparation rules?

The execution of the electrocardiogram does not require any preparation rules.

Who can carry out the electrocardiogram?

There are no contraindications for performing the standard electrocardiogram. The electrocardiogram under stress, on the other hand, is contraindicated for patients with severe heart failure.