Instructions for the test

The correct collection of the stool sample is an indispensable condition for obtaining good quality results.

We therefore invite you to **respect these simple instructions** and to use the material you have received (kit consisting of a test tube and plastic bag).



ON THE DAY OF THE TEST YOU SHOULD:

- 1. collect the faeces in a clean and dry container
- 2. open the test tube being careful to not spill the liquid inside
- 3. take out the stick (Inserted in the cap) and insert it in the faeces at various points at random (3-4 points is sufficient), taking care that a small quantity of faeces remains attached to the stick
- 4. reinsert once the stick in the test tube
- 5. close tightly
- 6. put the test tube in the bag and keep it in the fridge until you deliver the sample, which should be done within a maximum of two days





ATTENTION! The collection of a stool sample should not be carried out during the menstrual cycle. For the test, a specific diet is not required, you can eat normally.